

# 5 TIPS FOR TALKING TO YOUR KIDS ABOUT SEX



**Talk Revolution®**

## 01

Teach the anatomically correct names for genitals wherever possible. Bath time etc.

## 02

It's ok to touch yourself. Be gentle and keep it private

## 03

Talk about periods to both sexes

## 04

Always ask before you touch someone else

## 05

Start early and do it often (talking, not sex!)